

Vancouver Ultimate League Society

Communicable Disease Policy

Updated - November 6, 2024

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Introduction

The COVID-19 pandemic has highlighted the need for all organizations, including the VULS, to be more mindful of the risk posed by communicable diseases, and to take reasonable steps to protect its members, staff, volunteers, parents, spectators and anyone else associated with the VULS from those risks. In addition, we wish to provide appropriate information and resources that can be used to help mitigate potential infections.

The VULS requests the support of members, participants, organizers, coaches, parents and teams in following this policy for safe participation in our sport. Since the inception of Ultimate, our sport has proudly been self-officiated and has relied on Spirit of the Game to maximize the enjoyment and safety of everyone. These core principles are instrumental in ensuring our community adheres to this policy to stay as safe as possible from communicable diseases.

1. Purpose

a. VUL Commitment

- i. As part of our commitment to ensuring a safe and respectful environment for all individuals who are involved with the VUL, this policy defines expectations for the VUL Community related to Communicable Diseases. Our community includes:



1. Participants (playing and non-playing);
2. Non-participants/spectators which includes parents; and
3. Staff and Volunteers

2. General Principles

a. Responsibilities

- i. Adhere to all public health restrictions in your community.
- ii. Individuals must adhere to any program-specific guidelines that exceed the requirements in this policy.
- iii. Participants may be sent checklists for their program. Those checklists must be followed.
- iv. Increased focus on personal hygiene. All participants, non-participants/spectators, staff and volunteers should practice:
 1. Enhanced hand-cleaning prior to and following activities as [recommended by the BCCDC](#)
 2. Should cover their mouth and nose with a tissue when they cough or sneeze, or sneeze/cough into their elbow.
 3. No sharing of water bottles, towels, or other personal items. No communal food items.
- v. If you have symptoms of a communicable disease (for example, fever and/or chills, recent onset of coughing, diarrhea), stay home. Anyone who tests positive for a communicable disease that may be transmitted while participating in the VULS activity must also stay home.

3. Program Requirements

a.

- i. Participants must be registered members of the VULS.
- ii. All participants **MUST** be on a roster, non-rostered players or substitutes are not allowed to participate.
- iii. Participants who have symptoms of a communicable disease (for example, fever and/or chills, recent onset of coughing, diarrhea), stay home. Participants who test positive for a communicable disease that may be transmitted to others while participating in the VULS program must not attend the VULS program.
- iv. Participants must follow any additional rules and regulations posted within the municipal or private facilities.

4. Staff & Volunteers of VULS

a. Those authorized to act on behalf of the VULS

- | | |
|----------------------|------------------|
| i. Staff | v. Coaches |
| ii. Volunteers | vi. Trainers |
| iii. Program Leaders | vii. Supervisors |
| iv. Instructors | viii. Officials |



b. Safety Checks

- i. Staff or volunteers who have symptoms of a communicable disease (for example, fever and/or chills, recent onset of coughing, diarrhea), are not to attend any activity/program and should inform their supervisor immediately.
- ii. Staff or volunteers who test positive for a communicable disease that may be transmitted to others during the activity/program are not to attend any activity/program and should inform their supervisor immediately.

Resources

- [BC Center for Disease Control](#)
- [BCCDC Handwashing Information](#)
- [WCB Communicable Disease Prevention](#)